



# Middleforth Church of England Primary School

## Friday 21st October Newsletter

Dear Parents/Carers,

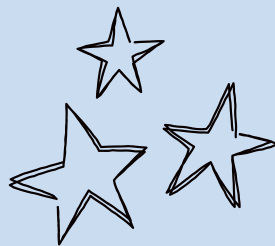
Well what a brilliant half term. It has been filled with laughter and lots of learning. Year 3 have been enjoying their forest school sessions on a Friday afternoon and thankfully the weather was a little kinder to them today. Reception have settled in to our Middleforth family and it feels like they have always been with us.

**Half Term Activities:** During school holidays Child and Family Wellbeing service offer various fun activities for all the family to enjoy. Booking is essential for these groups. Check what's on via their Facebook page: South Ribble Children and Family Wellbeing Service or call 01772 532930 for more information.

I hope you all have a restful half term and make lots of memories to share with us when we return to school on Monday 31st October.

### ★ Stars of the Week ★

- Nursery - Grace
- Rec - Artemis & Kodet
- Y1 - Felicity & Reuben
- Y2 - Esmee & Reggie
- Y3 - Elijah & Kora
- Y4 - Jakey & Oliver
- Y5 - Adam & Oliver
- Y6 - Lola & Katie



### Target 96%

Reception	97.0%
Year 1	94.7%
Year 2	91.0%
Year 3	93.1%
Year 4	99.3%
Year 5	96.1%
Year 6	99.0%
<b>Total</b>	<b>95.8%</b>

### Collective Worship

#### As our value this half term is: Thankfulness

On Monday this week we talked about Living Fruitful Lives based on Mark chapter 4, verses 3 to 9. We talked about how if we want to have a healthy life we need to be 'rooted' in his teachings.

#### **Fruits of the Spirit Prayer**

Lord of the Harvest

We welcome your Spirit to work in our lives.

Let your word take root so that,

Your love may grow up,

Your joy may spread out and your peace become deeper in us each day.



**Fruit of the Spirit**  
is *Love* **JOY**  
*peace* *patience*  
**KINDNESS**  
**GOODNESS**  
*faithfulness*  
**GENTLENESS**  
& *self-control*  
Galatians 5: 22-23

LET YOUR LIGHT SHINE - MATTHEW 5:16

Resource



## Read through the information below, exploring football and Black History Month.

Black History Month is an annual tradition, followed by several countries, that gives everyone the opportunity to share, celebrate and understand the impact of black heritage and culture.

Throughout October, a number of football clubs around the world also celebrate Black History Month. This year, top Premier League clubs including Tottenham and Liverpool took to social media to promote events in order to provide better knowledge and understanding.

Former international footballer, Andy Cole, believes that for positive change to happen with inclusivity in football, people need role models and opportunities – black players need to be given roles at management and senior levels so others can be inspired by their achievements.

The 90's was a special time, ultimately, we were trying to show the generation beneath us that anything is possible. A lot of people are prepared to tell us what we can't do, but it's what we can do. When we were playing, we were showing people that if you believe in yourself then the sky is the limit.

Former football player Andy Cole sharing his thoughts on Black History Month



BBC

Pictured above: Emma Clarke, the UK's first black female footballer

© Picture News 2022

### Key Dates



**Thursday 20th October** - Harvest Service in Church (**Parents Welcome**)

**Tuesday 1st November** – Individual Photos

**Wednesday 2nd November** - Prevent workshop for parents at 2:15pm

**Wednesday 9th November** - Parents Evening after school

**Thursday 10th November** - Parents Afternoon on Zoom.

### Subject Focus - Art and Design

This half term KS1 have been creating leaf faces by utilising our natural environment; constructing windmills using card and shading with graphite pencils.

KS2 have been focussing on photography, mechanical systems, optical illusions and food tech. Year 3 made some delicious apple crumble using homegrown cooking apples!



### Harvest

Yesterday the whole school went to Church to share our Harvest Festival with our school family. Year 6 led the service and they did an amazing job, explaining all about Harvest and what that means to us.

Thank you to everyone who came and for all your generous donations.



# Optimistic October 2022

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

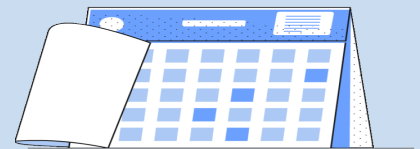
31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

## School term and holiday patterns 2022/2023



### Autumn Term 2022

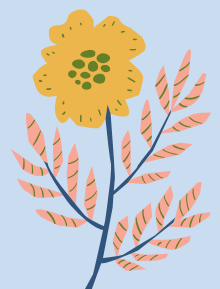
School closes on Friday 21st October 2022  
 Mid-term closure Monday 24th October - Friday 28 October 2022  
 School re-opens on Monday 31st October 2022  
 School closes on Friday 16th December 2022

### Spring Term 2023

Re-open on Tuesday 3rd January 2023  
 School closes on Friday 10th February 2023  
 Mid-term closure Monday 13th February - Friday 17th February 2023  
 School re-opens on Monday 20th February 2023  
 School closes on Friday 31st March 2023

### Summer Term 2023

Starts Monday 17th April 2023  
 May Day Monday 1st May 2023  
 School closes on Friday 26th May 2023  
 Mid-term closure Monday 29th May - Wednesday 7th June 2023  
 School re-opens on Thursday 8th June 2023  
 School closes on Friday 21st July 2023



LET YOUR LIGHT SHINE - MATTHEW 5:16

# Are you eligible for tax-free childcare?

## What is tax-free childcare?

Tax-free childcare is government support towards the cost of childcare and early education for children aged 11 or under (or 17 and under for disabled children).

## How does tax-free childcare work?

To access the scheme, you will need to pay your early years fees via an online government account. For every £8 you pay in, the government will pay in an extra £2, up to £500 every three months (or £1,000 for disabled children).

## Who is eligible for tax-free childcare?

If you are in work and expect to earn the equivalent of 16 hours a week at the national minimum or living wage over the next three months, you should be eligible (this applies to both parents in dual-parent households). You may also be eligible if one member of your household is on leave (e.g. sick, maternity, paternity, parental or adoption) or is eligible for certain disability benefits.

## Can I use tax-free childcare and the 30-hours offer?

Yes. However, you cannot use the tax-free childcare scheme and claim working tax credits or child tax credits at the same time.

Visit [www.gov.uk/tax-free-childcare](http://www.gov.uk/tax-free-childcare)  
for more information

