



# Middleforth Church of England Primary School

## Friday 7th October Newsletter

Dear Parents/Carers,

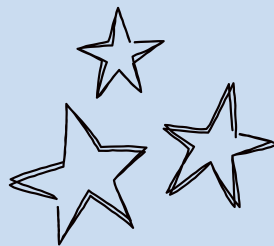
This afternoon Year 3 have braved the weather and been to forest school. They have thoroughly enjoyed themselves and I'm sure they will tell you all about it when they get home. Throughout the year each class will get an opportunity to attend forest school and this will help develop a range of new skills.

Please can I politely remind everyone that children should only be bringing in water in their drinks bottle to have in class, however they can bring an alternative drink for their lunch. Final reminder that the register is taken at 8:55 so please make sure you arrive at school in enough time for the children to get to class ready for the register.

Thank you all once again for everything you do to support our school community and I hope you all have a lovely weekend.

### ★ Stars of the Week ★

**Nursery - Neave**  
**Rec - Theodore M & Jessica**  
**Y1 - Finlay & Harper**  
**Y2 - Florence & Joseph**  
**Y3 - William & Harriet**  
**Y4 - Reeva & Edie**  
**Y5 - Isaac & Raya**  
**Y6 - Dilan & Melinda**



### Target 96%

Reception	94.3%
Year 1	97.3%
Year 2	95.5%
Year 3	97.3%
Year 4	98.7%
Year 5	98.3%
Year 6	92.0%
<b>Total</b>	<b>96.1%</b>

### Collective Worship

#### As our value this half term is: Thankfulness

On Monday we talked about giving thanks even when times are tough. We discussed the story of Paul and Silas from Acts 16:16 and it can be very hard to be thankful when things are tough and even harder to sing! The children were set the challenge in their classes of voting for their favourite 'Song of Praise' in school.

#### Challenge - Jumbled Words

Time to say "Thank you"

Draw a clock face for your family to fill in together.

Choose one day and ask every one to think, as the hours tick by, about one thing in each hour that they would like to say thank you for.

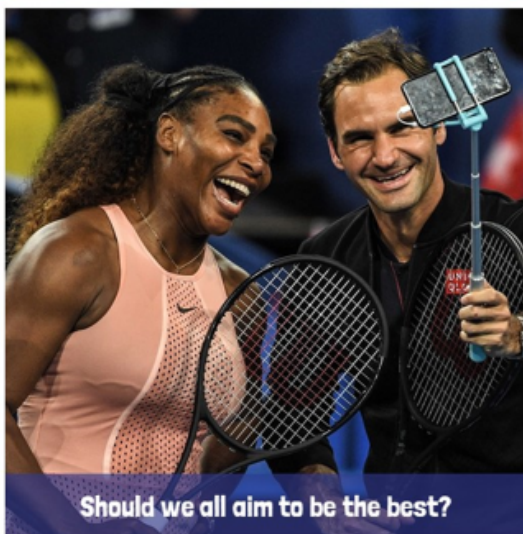
Draw a picture of what you are thankful for in each segment.



# TAKEHOME



## In the news this week



Should we all aim to be the best?

For over 20 years, Serena Williams and Roger Federer have dominated tennis tournaments all over the world and have won 43 Grand Slam titles between them. In a five-week span, the two players announced their retirement. Williams announced on Vogue magazine's website that she would retire after this year's U.S. Open, saying that at her age, "something's got to give". Federer's announcement followed after. He said his body's "message to me lately has been clear" and noted that his final competition would be the Laver Cup in London.

### Things to talk about at home ...

- > Have you watched either Serena Williams or Roger Federer play tennis?
- > What do you think would be the positives about being so good at something for so long and what do think might have been difficult?
- > Which do you think is more important, trying your best or being the best?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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### Key Dates



**Tuesday 4th October** - Reception 2023  
Open Day 1:30-2:30

**Tuesday 18th October** - Reception  
2023 Open Day 1:30-2:30

**Thursday 20th October** - Harvest  
Service in Church (Parents Welcome)

**Tuesday 1st November** - Individual  
Photos

**Wednesday 2nd November** - Prevent  
workshop for parents at 2:15pm

### Subject Focus - PE

Each week the Preston North End Coaches come into school and teach different classes. This week they have worked with reception looking at their fundamental movement skills, they have been learning the skills needed for Invasion games with Year 3 and Year 4 have been looking at creative games.



### Macmillan Coffee Morning

Yesterday Year 4 hosted an amazing coffee morning for the whole school community, raising funds for Macmillan. The children were incredible and brilliant hosts, I'm sure you will all agree.

Thank you to all those that donated cakes, money or attended or even all three. As a school we managed to raise just over £325 which is a huge achievement .

Well done everyone!



LET YOUR LIGHT SHINE - MATTHEW 5:16

# Optimistic October 2022

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

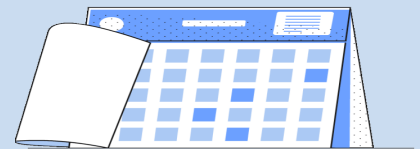
31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

## School term and holiday patterns 2022/2023



### Autumn Term 2022

School closes on  
Mid-term closure  
School re-opens on  
School closes on

Friday 21st October 2022  
Monday 24th October - Friday 28 October 2022  
Monday 31st October 2022  
Friday 16th December 2022

### Spring Term 2023

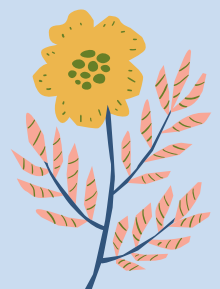
Re-open on  
School closes on  
Mid-term closure  
School re-opens on  
School closes on

Tuesday 3rd January 2023  
Friday 10th February 2023  
Monday 13th February - Friday 17th February 2023  
Monday 20th February 2023  
Friday 31st March 2023

### Summer Term 2023

Starts  
May Day  
School closes on  
Mid-term closure  
School re-opens on  
School closes on

Monday 17th April 2023  
Monday 1st May 2023  
Friday 26th May 2023  
Monday 29th May - Wednesday 7th June 2023  
Thursday 8th June 2023  
Friday 21st July 2023



LET YOUR LIGHT SHINE - MATTHEW 5:16