



# Middleforth Church of England Primary School



## Friday 9th September Newsletter



Dear Parents/Carers,

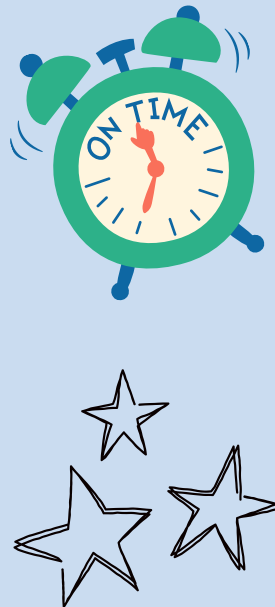
Firstly, welcome back after the summer holidays. I hope you have all made memories to cherish and made the most of the summer weather. All of your children have settled back into school so well and you would be incredibly proud to see them in their new classes and working hard. We have started this year by focussing on aiming high and achieving our goals. The children have been talking about what they would like to be when they are older and how they are going to get there.

We are also trying our new design for our weekly newsletters and I hope you find them useful and enjoyable to read.

Mrs Pilkington

### ★ Stars of the Week ★

- Nursery - Whole Class
- Rec - Whole Class
- Year 1 - Lewis & Olivia W
- Year 2 - Max & Veda
- Year 3 - Hugo & Sophie
- Year 4 - Orla & Jessica
- Year 5 - Leo & Nicole
- Year 6 - Helena & Oscar



### Target 96%

Reception	98.3%
Year 1	99.2%
Year 2	97.4%
Year 3	99.2%
Year 4	98.8%
Year 5	95.7%
Year 6	97.5%
<b>Total</b>	<b>98%</b>

### Collective Worship

As a Church school we focus on reflecting and developing our understanding of many different Christian values. This half term our value is '**Thankfulness**'.

#### **Talk together about Thankfulness**

'Count your blessings' is an old saying, but it reminds us to be thankful and not take things for granted. As a family you may like to talk about:

- Remembering to let other people know when you are thankful
  - Not taking things for granted
  - Practical ways of showing gratitude
- How it feels when someone thanks you!



# TAKEHOME



## In the news this week

### Can toys help us celebrate our differences?



Strictly Come Dancing star, Rose Ayling-Ellis, has teamed up with Barbie to unveil their first doll with behind-the-ear hearing aids. The EastEnders actress, who won the dance competition in 2021, features Mattel's (the toy company) 'Rose, Barbie and Friends' campaign. She is photographed alongside a cast of diverse models reflecting the new line of dolls, which includes the first Ken doll with vitiligo, a Barbie doll with a prosthetic limb and another with a wheelchair.

### Things to talk about at home ...

- Talk about your favourite toy. What is it and why do you like it?
- Share your thoughts on the new range of dolls. Why do you think the company chose to make these dolls?
- How do you think Rose Ayling-Ellis might have felt when she learned about the new doll with hearing aids?
- Can you think of any other toys that could be made to help people feel included?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



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### Key Dates



**Tuesday 4th October** - Reception 2023  
Open Day 1:30-2:30

**Tuesday 18th October** - Reception  
2023 Open Day 1:30-2:30

**Thursday 20th October** - Harvest  
Service in Church (Parents Welcome)

**Tuesday 1st November** - Individual  
Photos

**Wednesday 2nd November** - Prevent  
workshop for parents at 2:15pm

### Subject Focus - English

We have started this year with a new approach to teaching reading. Most classes will now be doing whole class shared reading. This will mean that for each half term every child will have their own book or novel to read with their peers and develop their vocabulary, Inference, Prediction, Explanation, Retrieval and summarising skills.



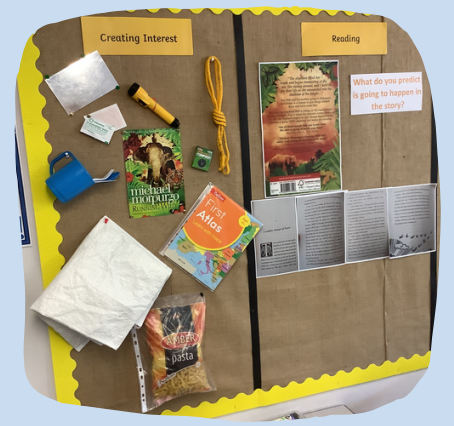
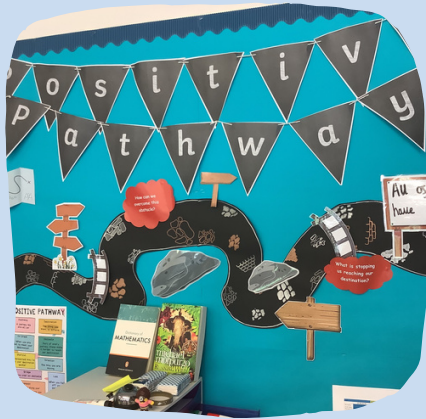
### Staffing Update

I'm sure you will already be aware but we have welcomed a few new staff members this September. Our new Deputy Headteacher is Mrs Rushton and she is working across school. Mr Day who is based in Year 3 and will be running after school sports clubs and Miss Anderson who is teaching in Year 5. If you haven't already said hello, then please do.

Finally, Mrs Collins will sadly be leaving us on 30th September to work for Blackpool Council. I'm sure you will join us in thanking her for all her hard work with our Middleforth family.



# Our Learning Environments



# News from St Leonards C of E Church



**Sat 10th September**

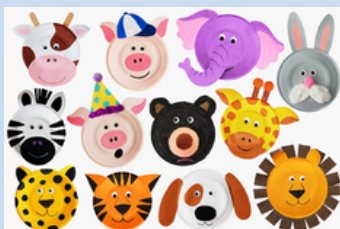
New World, New Beginnings

10am-12noon

Craft, Mess, Play, Worship

Eat & Drink

All are welcome



**LEO's for Children age 4-10**

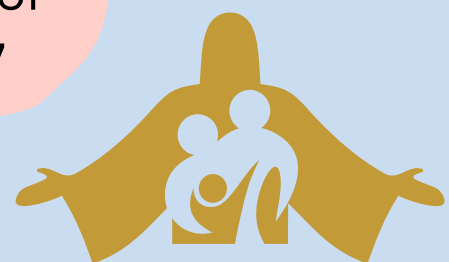
10.00am—Sunday Mornings  
during Eucharist services

At St Leonard's Church, Penwortham

Explore God, Church and Faith

fun, activities, songs & stories

For more information contact Nick or  
Christine Mansfield: 01772 742367



LET YOUR LIGHT SHINE - MATTHEW 5:16

# Self-Care September 2022

MONDAY



5 Forgive yourself when things go wrong. Everyone makes mistakes

12 Get active outside and give your mind and body a natural boost

19 Notice what you are feeling, without any judgement

26 Find a new way to use one of your strengths or talents

TUESDAY



6 Focus on the basics: eat well, exercise and go to bed on time

13 Be as kind to yourself as you would to a loved one

20 Enjoy photos from a time with happy memories

27 Free up time by cancelling any unnecessary plans

WEDNESDAY



7 Give yourself permission to say 'no'

14 If you're busy, allow yourself to pause and take a break

21 Don't compare how you feel inside to how others appear outside

28 Choose to see your mistakes as steps to help you learn

THURSDAY

1 Find time for self-care. It's not selfish, it's essential

8 Be willing to share how you feel and ask for help when needed

15 Find a caring, calming phrase to use when you feel low

22 Take your time. Make space to just breathe and be still

29 Write down three things you appreciate about yourself

FRIDAY

2 Notice the things you do well, however small

9 Aim to be good enough, rather than perfect

16 Leave positive messages for yourself to see regularly

23 Let go of other people's expectations of you

30 Remind yourself that you are enough, just as you are

SATURDAY

3 Let go of self-criticism and speak to yourself kindly

10 When you find things hard, remember it's ok not to be ok

17 No plans day. Make time to slow down and be kind to yourself

24 Accept yourself and remember that you are worthy of love

SUNDAY

4 Plan a fun or relaxing activity and make time for it

11 Make time to do something you really enjoy

18 Ask a trusted friend to tell you what strengths they see in you

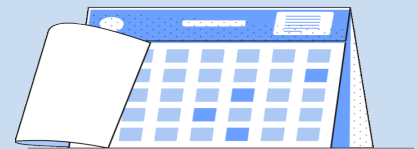
25 Avoid saying 'I should' and make time to do nothing



ACTION FOR HAPPINESS

Happier · Kinder · Together

## School term and holiday patterns 2022/2023



### Autumn Term 2022

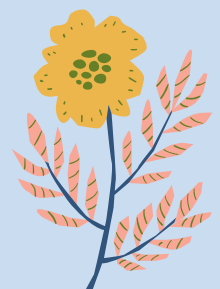
School closes on Friday 21st October 2022  
 Mid-term closure Monday 24th October - Friday 28 October 2022  
 School re-opens on Monday 31st October 2022  
 School closes on Friday 16th December 2022

### Spring Term 2023

Re-open on Tuesday 3rd January 2023  
 School closes on Friday 10th February 2023  
 Mid-term closure Monday 13th February - Friday 17th February 2023  
 School re-opens on Monday 20th February 2023  
 School closes on Friday 31st March 2023

### Summer Term 2023

Starts Monday 17th April 2023  
 May Day Monday 1st May 2023  
 School closes on Friday 26th May 2023  
 Mid-term closure Monday 29th May - Wednesday 7th June 2023  
 School re-opens on Thursday 8th June 2023  
 School closes on Friday 21st July 2023



LET YOUR LIGHT SHINE - MATTHEW 5:16