



Parent/Carer Peer Support Group

Are you a parent/carers of an Autistic young person?

Do you have concerns about your child's mental health?

Would you benefit from speaking to other parents with shared lived experience?

Our informal peer-support group is held in a relaxed, inclusive and confidential space for parents/carers of Autistic children.

Connect with others with shared lived experiences, exchange practical advice, receive mutual support, and signposting.

Autism & Mental Health professionals are regularly invited to provide workshops and Q&As.

Where: The Base II Community Centre on Broadfield, Bannister Drive, Leyland PR25 2GD

When: Fortnightly on Tuesdays (Term Time)
commencing Tuesday 10th September @12:30pm-2pm

Free to attend - No booking required

For further information contact:

Niki (Group Facilitator) on 07580358080 / nikih@keycharity.org.uk

Have your say on
support provision:

www.keycharity.org.uk
Registered Charity Number 1154772

