



Middleforth Church of England Primary School

Friday 26th April Newsletter

Dear Parents/Carers,

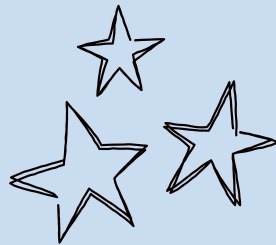
Another busy week at Middleforth! Everyone has worked really hard this week and we have seen lots of great things taking place across school. Reception and Year 4 have been showing off their dance moves working with Katie from South Ribble. Early Years and Key Stage 1 have been working hard, perfecting their May Day dances, Year 3 have been producing some fantastic writing and Year 4 have been making vehicles in DT. School Parliament met this week and have some great ideas of activities and events for the summer term. Keep an eye out on Class Dojo for some posters they have made. Today we said Thank You and Goodbye to Mr Kent who has been volunteering with us. We wish him all the best of luck in the future. On Monday we have a new welfare assistant starting and we are sure the children will make her feel extremely welcome into our Middleforth family.

Have a lovely weekend everyone!

Stars of the Week

- Nursery - Alex & Darcie
- Rec - Joe & Martha
- Y1 - Kaya-Mai & Teo
- Y2 - Finlay & Ashton
- Y3 - Jack & Emily
- Y4 - Harrison & Andrew
- Y5 - Jacob R & Beckett
- Y6 - Arthur & Raya

WELL DONE



Target 96%

Reception	97.7%
Year 1	95.7%
Year 2	96.7%
Year 3	94.6%
Year 4	91.0%
Year 5	96.1%
Year 6	93.0%
Total	95.0%

Collective Worship

Half termly theme: The Parables of Jesus

Focus this week: : Creation



On Monday was World Earth Day. Mr Noblett led worship talking about the creation of earth through Genesis 1. We talked about precious our earth is and how we can look after it and protect it. Mr Noblett set us the challenge of:

Turn off the lights when not required - probably the easiest to do!

Limit your water usage - Turning off the faucet when you brush your teeth can conserve up to 30 litres of water a day.

Reduce plastic pollution - Avoid using straws, drink from a reusable plastic bottle.

Become a 'waste warrior' - reduce overall waste to help our planet.

Plant a tree - Trees absorb carbon dioxide and release oxygen for people to breathe.



LET YOUR LIGHT SHINE - MATTHEW 5:16

TAKEHOME



How can shops make sure everyone feels represented?

In the news this week

Stef Reid MBE, a former Paralympian medal-winner who represented Canada and Great Britain, is asking Nike and other sportswear companies to start selling individual trainers to single-leg amputees. The request comes after noticing the company using mannequins with running blades to promote its products in shops. Stef has said that by refusing to sell single shoes, Nike is not living up to its values of diversity and inclusion. In a video viewed over 3 million times, Reid said she was thrilled to be shown photos of mannequins in Nike stores with running blades wearing a single shoe.

Things to talk about at home ...

- > Do you believe all sportswear companies should sell single shoes to single-leg amputees? Ask others at home to share their thoughts.
- > Can you think of any shops or businesses that take action to celebrate diversity?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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Key Dates



Tuesday 7th May - Y2 trip to the Mosque.

Wednesday 8th May - May Day Performance at 1:30 (EYFS and KS1)

Thursday 9th May - May Day Performance at 1:30 (EYFS and KS1)

Monday 13th May - Thursday 16th May - Year 6 SATS all week.

Monday 20th May - Year 1 Trip **Thursday**

23rd May - Outdoor Classroom Day

Subject Focus - Maths

This week we had a visitor come in and look at some Maths with Mrs Allton. It was lovely to see the progress that is being made right across school. Children spoke confidently about what they were learning and this was also reflected in books. Year 1 were doing some great, practical, capacity work, Year 2 were focussing on fractions and Year 6 were applying their knowledge of reflection and translation. It was great to see such fantastic learning taking place and our visitor was very impressed.



Walk and Talk

Walk and Talk is about inspiring families to go outside and communicate with each other. Talking to young children during everyday activities can help them learn communication skills such as; listening, attention, turn taking in a conversation, learning new words.

Being outside is good for their wellbeing as well as your own and in Lancashire we have lots of beautiful places to walk and talk. <https://www.lancashire.gov.uk/children-education-families/early-years-childcare-and-family-support/walk-and-talk/>



Active April 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

8 Give your body a boost by laughing or making someone laugh

9 Turn your housework or chores into a fun form of exercise

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Plant some seeds and encourage growth

18 Try out a new exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat



29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns

Summer Term 2024

May Day

Mid-term closure

School re-opens on

School closes on

Re-opens on Monday 15th April 2024

Monday 6th May 2024

Monday 27th May – Monday 3rd June 2024

Tuesday 4th June 2024

Friday 19th July 2024 at 2pm

2024-2025

Autumn Term

School re-opens

Mid-term closure

School re-opens

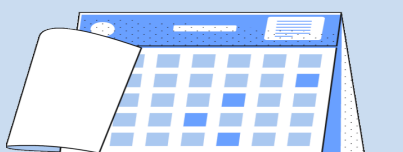
School Closes

Tuesday 3rd September 2024

Monday 21st October - Monday 28th October 2024

Tuesday 29th October 2024

Friday 20th December 2024



LET YOUR LIGHT SHINE - MATTHEW 5:16