



Middleforth Church of England Primary School



Friday 8th March Newsletter

Dear Parents/Carers,

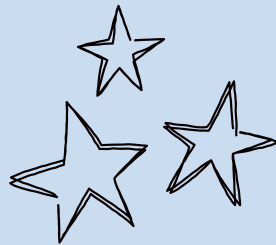
Firstly thank you all for your support at parents evening this week, there was great attendance from every class. I hope you all enjoyed looking at all your children's hard work, they definitely enjoyed reading your comments in their books. I have had the pleasure of seeing a lot of work from different classes this week and I have been amazed by the hard work, lovely presentation and love of learning I have seen. This month we are celebrating Women's History Month. The theme is 'Women Who Advocate for Equity, Diversity, and Inclusion'. Each class will focus on chosen women throughout the month. Year 4 have already completed some amazing artwork linked to Elizabeth Wathuti (hopefully she will be able to have a look at it on Twitter). Today to as part of our International Women's Day celebrations all of the girls have been invited to take part in #LetGirlsPlay the FA's biggest ever football session to celebrate women's football.

Mrs Pilkington

Stars of the Week

Nursery - Eden & Peyton
Rec - Evie & Noah
Y1 - Alana & Annabelle
Y2 - Oliver & Paige
Y3 - Lola & Jasmyn
Y4 - Eva & Noah
Y5 - Jakey, Aiden & Alex
Y6 - Zach & Ethan

WELL DONE



Target 96%	
Reception	98.3%
Year 1	90.7%
Year 2	98.0%
Year 3	96.8%
Year 4	96.7%
Year 5	95.8%
Year 6	99.0%
Total	96.4%

Collective Worship



Half termly theme: Holy Week and Easter
Focus this week: : Jesus and the Last Supper

This week we talked about how important the last supper is and read Mark Chapter 14 verses 17-25. We shared ideas about how this was one of the most important ways to build community. This particular meal was of special significance as it recalled the events of Passover, when God brought His people out of slavery in Egypt in a great act of deliverance.

Mrs Mansfield talked about the Eucharist at Church and His body and His blood are to be broken and shed as the ultimate sacrificial love. This action unites Christians in one worldwide **community** centred on Jesus.



LET YOUR LIGHT SHINE - MATTHEW 5:16

TAKEHOME



Should mobile phones be banned in all classrooms?



In the news this week

Ministers have confirmed plans to ban the use of mobile phones in English schools and have released guidance for headteachers. The guidance is not statutory and offers schools different ways of introducing the ban. These include an order to leave all phones at home, handing them in on arrival, keeping them in inaccessible lockers or allowing pupils to keep them, on the condition they are not used or heard.

Things to talk about at home...

- > Share your experience of mobile phones and other portable devices. Do you use them at home or at school? Do you enjoy using them?
- > Discuss with people at home your thoughts on the new guidance. Do you all agree that mobile phones should be banned in secondary school classrooms?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss

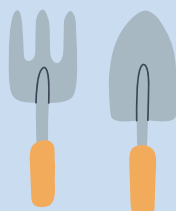


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Exciting OPAL News!

South Ribble Council are kindly donating a large amount of beech and hornbeam trees and hedges. This is a huge part of our OPAL phase 4 plans of developing the grounds and creating beautiful nature areas. There are so many benefits that will come from this phase such as: benefits to wildlife, visual benefits, more exciting pathways and areas to explore and we are also hoping the added drainage benefits of planting will help to reduce the amount of mud we experience on our field in the winter months! The children are already looking forward to getting involved with our 'planting mission'. Each class will be going out to plant their section over the next two weeks. **But we need your help too!** Do you have any spare spades, forks, trowels or gardening tools that will help us with this huge task? If you do, we would be very grateful! **We are organising a family planting morning on Tuesday 19th March, straight after drop-off at 9am** and wondered if you have any availability to help plant? If you do, please send Miss Lowe a quick message on Dojo, so that she can organise the logistics.

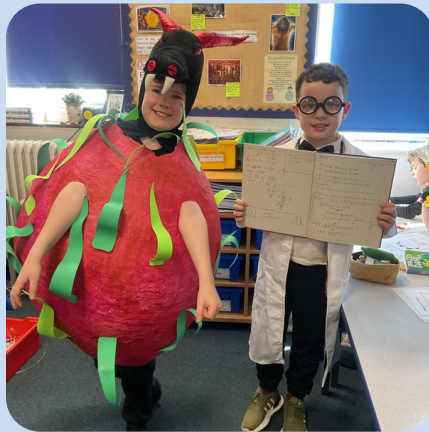
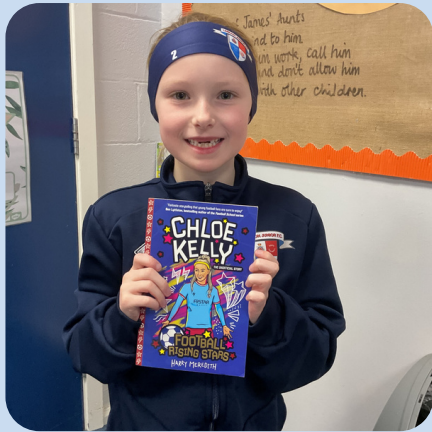
Thank you for your continued support with OPAL



LET YOUR LIGHT SHINE - MATTHEW 5:16



WORLD BOOK DAY



Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

TUESDAY



5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today
dayofhappiness.net

27 Appreciate nature around you, wherever you are

THURSDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

FRIDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

SATURDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

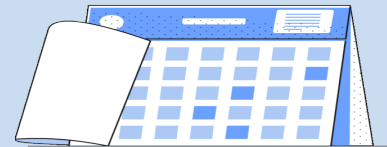
31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns



Spring Term 2024

School closes on
Summer Term 2024
May Day
Mid-term closure
School re-opens on
School closes on

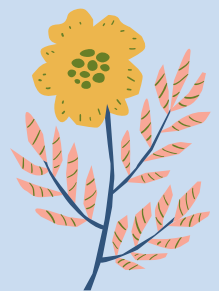
Thursday 28th March 2024 at 2pm
Re-opens on Monday 15th April 2024
Monday 6th May 2024
Monday 27th May – Monday 3rd June 2024
Tuesday 4th June 2024
Friday 19th July 2024 at 2pm

2024-2025

Autumn Term

School re-opens
Mid-term closure
School re-opens
School Closes

Tuesday 3rd September 2024
Monday 21st October - Monday 28th October 2024
Tuesday 29th October 2024
Friday 20th December 2024





Sat 9th March

Easter

10am-12noon

Craft, Mess, Play, Worship

Eat & Drink

All are welcome

