



Middleforth Church of England Primary School

Friday 6th October Newsletter

Dear Parents/Carers,

There has been a lot of science going on in school this week. Year 3 have had an exciting week looking at the experiments and watching the petals of their flowers change colour and they are curious as to why the one in the fridge took a lot longer than the one in the classroom. Year 4 have been looking at electricity and what conducts electricity by replacing items within a complete circuit. Year 5 have been making different solutions by experiments with mixing different solids and liquids together and deciding if the solutions were transparent or translucent.

On Tuesday the girls football team also competed and showed great determination and skill, it was the first time they had played together and they didn't let us down, well done girls.

I hope you all have a lovely weekend and we will see you all on Monday.

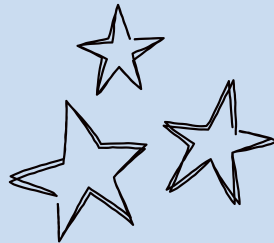
Thank you

Mrs Pilkington

★ **Stars of the Week** ★

Nursery - Toby
Rec - Alex & Emilia
Y1 - Isaac & Alana
Y2 - Theo & Poppy
Y3 - Emily & Samanta
Y4 - Ethan H & Jenson
Y5 - Elsa & Theo
Y6 - Zach & Leah

WELL DONE

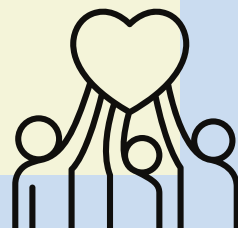


Target 96%	
Reception	99.7%
Year 1	95.3%
Year 2	93.7%
Year 3	91.4%
Year 4	99.0%
Year 5	92.3%
Year 6	93.5%
Total	94.6%

This half term our focus will be on: The Words of Jesus

This week in worship we focussed on Matthew 7.1-5. In this story in Matthew's gospel he is asking us to look at our own shortcomings before judging the sins of others. Having a critical and judgemental attitude can be a negative force on the community whereas an attitude of humility and encouragement of others will inspire and motivate.

How can you show humility in the community? Please send me any pictures on Dojo or bring them into school to show me.



TAKEHOME



In the news this week

October is Black History Month in the UK. This year's theme is 'Saluting our Sisters' - highlighting the role Black women have played in shaping history, inspiring change, and building communities in the UK. Commemorations will feature Black women, who have made outstanding contributions to many areas including music, literature, fashion, sport, business, politics, and health care.

Things to talk about at home ...

- > Share what you already know and understand about Black History Month in the UK.
- > This year's theme is 'Saluting our Sisters'. What are some of the ways that you think we could do this?



How does change happen?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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Uniform

At Middleforth, we wear our uniform with pride as it gives us a sense of togetherness, and fosters an environment of equality and belonging.

The approved school uniform is as follows:

- Grey trousers, skirt or pinafore dress
- White shirt or polo shirt
- Grey or white socks or tights
- Sensible flat shoes (**no trainers**)

Royal blue sweatshirt/jumper/cardigan with school logo or plain royal blue without logo



Summer Uniform

- Pale blue cotton print (gingham or stripes) dress or Grey school shorts

PE Uniform

- **PE KIT - to be worn only on PE days**
- White T-shirt with school logo
- PE Hoodie with school logo
- Royal blue shorts
- Black pumps or trainers
- **Plain black** jogging bottoms or leggings for outdoor PE or colder weather.

Reminder for Secondary School Applicants

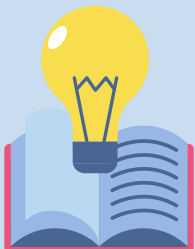
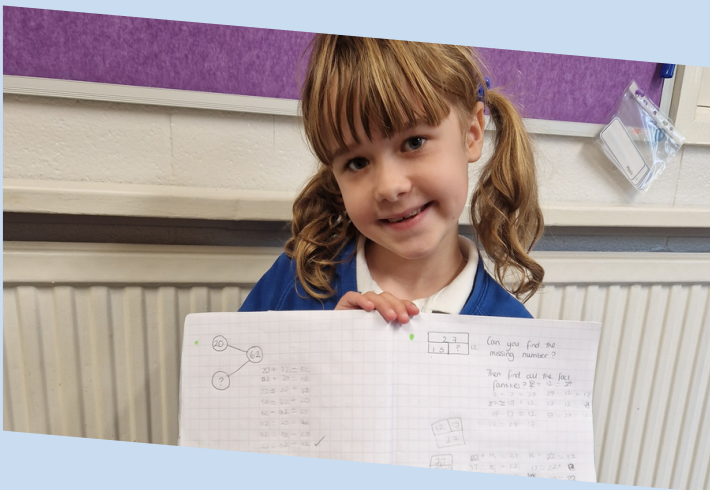
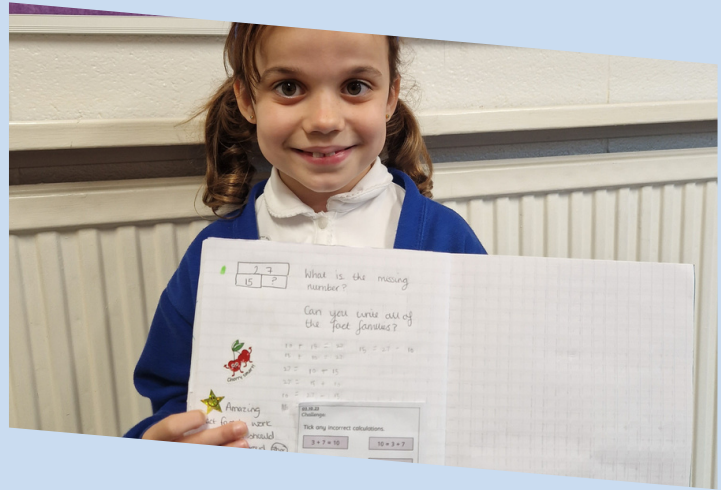
Year 6 parents! As your child is due to start secondary school in September 2024 - apply for their school place now! www.lancashire.gov.uk/schools (Closing date 31 October 2023)

For guidance and eligibility for school transport see:

For guidance and eligibility for school transport see:

<https://www.lancashire.gov.uk/children-education-families/schools/school-transport/>.

Look at what we have been busy doing...



LET YOUR LIGHT SHINE - MATTHEW 5:16

Optimistic October 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

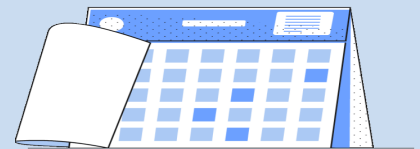
31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns



Autumn Term 2023 Re-opened on Monday 4th September 2023
Mid-term closure Monday 23rd October - Tuesday 31st October 2023

School re-opens on Wednesday 1st November 2023
School closes on Friday 22nd December 2023 at 2.00pm

Spring Term 2024 Re-open on Monday 8th January 2024
Mid-term closure Monday 12th February - Friday 16th February 2024

School re-opens Monday 19th February
School closes on Thursday 28th March 2024 at 2.00pm

Summer Term 2024 Re-open on Monday 15th April
Mid-term closure Monday 27th May- Monday 3rd June 2024
School closes on Friday 19th July 2023 at 2.00p



LET YOUR LIGHT SHINE - MATTHEW 5:16