



Middleforth Church of England Primary School

Friday 21st April Newsletter

Dear Parents/Carers,

Well, what a busy and interesting week we have had in school. Firstly, I want to thank you all for your support throughout our two day inspection this week and all your kind words of encouragement. Your children have been AMAZING and really shone brightly for everyone to see, we are incredibly proud of each and everyone of them.

I dare say, the weather has also been nicer. Please can you make sure you are checking the weather in the morning and are sending your children in with sun hats and sun cream if the UV level is going to be higher than 3. If it is higher than 3 please can you also apply this first thing in the morning, especially in Nursery and Reception.

I hope you all have a wonderful weekend making lots of memories.

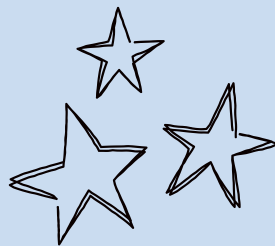
See you all on Monday,

Mrs Pilkington

★ **Stars of the Week** ★

Nursery - Alfie C-S
Rec - Beatrix & Elsie
Y1 - Isla B & Jasper
Y2 - Jasmyrn & Chloe
Y3 - Dolly & Toby
Y4 - Lexi, Andreas & David
Y5 - Keegan & George
Y6 - Dilan & Archie

WELL DONE



Target 96%	
Reception	97.7%
Year 1	98.3%
Year 2	94.1%
Year 3	97.7%
Year 4	96.2%
Year 5	99.6%
Year 6	96.3%
Total	97.1%

Collective Worship

As our value this half term is: Service

This week we started by looking at how we can use our God given talents to serve others and the children have been recognising when they have been served by others.

Service with a smile - Complete a 'service snail'.

Living a life of service is about keeping your eyes open and looking out for ways to make others smile.

Draw a large smiley snail. Can you fill in the spirals on the snail's shell with ways in which as a family you serve each other in one week? When the snail shell is full take it to school to display in the Challenge Gallery.



TAKEHOME



In the news this week

An educational television programme for young people in Afghanistan has been launched by the BBC. The TV show has been created to help children, who have been banned from going to school in the country, and is aimed at children aged 11 to 16. The Taliban group, who took over the country in 2021, have stopped girls over the age of 11 from attending school. The weekly programme is called Dars, which means 'lesson' in Afghanistan's official languages.

Things to talk about at home ...

- Share your thoughts on the new TV programme for young people in Afghanistan.
- Thinking about how you learn, what is your preferred way, e.g., by listening, writing, doing?
- In what ways would your life be different without school?

How do you learn best?



Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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Key Dates

Thursday 27th April - Strike Day for Year 4 and 5

Friday 28th April - Spring Fair

Monday 1st May - Bank Holiday

Tuesday 2nd May - Strike Day for Year 4 and 5

Wednesday 3rd May - May Day (PM)

Thursday 4th May - May Day (PM)

Friday 5th May - Coronation lunch.

Monday 8th May - Bank holiday

W/C 8th May - Key Stage 2 SATS week.

Subject Focus - PE



This week, we have been enjoying the use of our temporary swimming pool on site. All our children from reception through to Year 6 have had their turn swimming.

Some children have overcome fears and some have gone from not swimming at all to swimming 30 meters unaided.

Well done everyone!



LET YOUR LIGHT SHINE - MATTHEW 5:16

Active April 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Dig up weeds or plant some seeds

18 Try a new online exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat

29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns

Summer Term 2023

May Day & Coronation Day, Monday 1st and 8th May 2023

School closes on Friday 26th May 2023

Mid-term closure Monday 29th May – Wednesday 7th June 2023

School re-opens on Thursday 8th June 2023

School closes on Friday 21st July 2023 at 2.00pm

Autumn Term 2023 Re-open Monday 4th September 2023

Mid-term closure Monday 23rd October - Tuesday 31st October 2023

School re-opens on Wednesday 1st November 2023

School closes on Friday 22nd December 2023 at 2.00pm

Spring Term 2024 Re-open on Monday 8th January 2024

Mid-term closure Monday 12th February - Friday 16th February 2024

School re-opens on Monday 19th February 2024

School closes on Thursday 28th March 2024 at 2.00pm

