



Middleforth Church of England Primary School

Friday 17th March Newsletter

Dear Parents/Carers,

This week has been yet another busy week, yesterday Year 1 were busy making fossils with clay and thoroughly enjoying themselves. Mr Trice has been hard at work finishing the boat in reception for the children to play in. If you haven't already seen it, make sure you go and have a look.

Thank you to everyone for all your support with the Teacher strikes this week, I know it has been a big change and its had a huge impact on a lot of our families, hopefully this is the end of them.

Finally, thank you for all your support today and your kind donations for Comic Relief, we have raised £179.76.

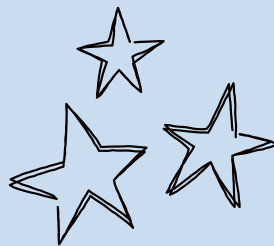
I hope you all have a lovely weekend and we will see you all on Monday.

Mrs Pilkington

Stars of the Week

Nursery - Myles
 Rec - Alana & Harley
 Y1 - Theo & Jasmine
 Y2 - Kairo & Nevaeh
 Y3 - Elijah & Jordan
 Y4 - Conrad & Elsa
 Y5 - Adam & Leo
 Y6 - Oliver & Queenie

WELL DONE



Target 96%

Reception	90.7%
Year 1	90.7%
Year 2	92.1%
Year 3	97.5%
Year 4	95.4%
Year 5	98.6%
Year 6	87.2%
Total	92.7%

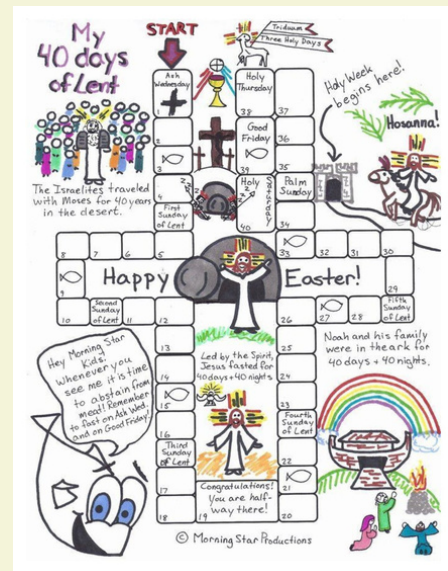
Collective Worship

As our value this half term is: Justice

This week we talked about 'Seeing the whole picture'.

We looked at the Bible verse from Corinthians 8.21
'Our purpose is to do what is right, not only in the sight of the Lord, but also in the sight of others.'

We talked about what this meant for us and how we all see things from different perspectives and this doesn't make one person right and the other wrong. At home this week, place a sculpture on a table and all sit round it and draw what you see. Have you all drawn the same image? Which one is right?



TAKEHOME

In the news this week



Sight loss charity, The Guide Dogs for the Blind Association, has launched an appeal for volunteers to help raise and foster guide dogs. Guide dog users rely on their companions for help inside and outside the home, and for many, for their independence. In a recent documentary shown on the BBC, journalist Sean Dilley told of his relationship with his guide dog, Sammy, who recently retired. After the programme aired, the charity had close to 5,000 people stepping forward to volunteer. Before the Covid 19 pandemic in 2020, there were over 4,800 guide dog partnerships and now there are 3,695. More than one in five people who had a guide dog before then now do not.

Things to talk about at home ...

- > Have you seen a guide dog? How did you know it was a guide dog?
- > In what ways do you think a guide dog will help someone who is blind or partially sighted?
- > Why do you think lots of people volunteered to help raise guide dogs?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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PTFA

The PTFA are looking for volunteers to help out at our Spring Fair on Friday 28th April. If you are able to run a stall or support in another way, please sign up by adding your name to the sheet in the office by Friday 24th March 2023



Subject Focus - Computing



Year 3 have been using 2 calculate to create a table of data on a spreadsheet. They have used tools to create graphs, charts and tables.
Year 2 have used 2paint a picture to create pointillist art, impressionist art and repeating patterns.
Year 1 have used 2create a story to create a digital E-book based on Rapunzel.
Year 5 have been creating comic books online.

School Parliament

Last week, members of the KS2 Parliament went to Kingsfold Community Centre. Mr Young, one of our Governors and adults from the local community volunteer every Friday morning, as there is a food bank at the Community Centre for local residents. All the children asked sensible questions and represented the school exceptionally well. The children helped to pack food bags and label and date food items. We will share what we have learnt with all the children and look at ways our school can support the local community throughout the year.



LET YOUR LIGHT SHINE - MATTHEW 5:16

Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today
dayofhappiness.net

27 Appreciate nature around you, wherever you are

TUESDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

WEDNESDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

THURSDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

FRIDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

SUNDAY

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns

Spring term 2023

School closes on Friday 31st March 2023 at 2.00pm

Summer Term 2023

Re-open on Monday 17th April 2023

May Day & Coronation Day, Monday 1st and 8th May 2023

School closes on Friday 26th May 2023

Mid-term closure

Monday 29th May – Wednesday 7th June 2023

School re-opens on Thursday 8th June 2023

School closes on Friday 21st July 2023 at 2.00pm

Autumn Term 2023

Re-open Monday 4th September 2023

Mid-term closure Monday 23rd October - Tuesday 31st October 2023

School re-opens on

Wednesday 1st November 2023

School closes on Friday 22nd December 2023 at 2.00pm

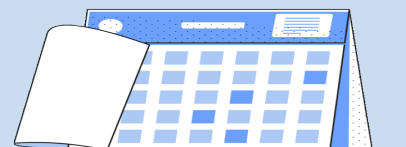
Spring Term 2024

Re-open on Monday 8th January 2024

Mid-term closure Monday 12th February - Friday 16th February 2024

School re-opens on Monday 19th February 2024

School closes on Thursday 28th March 2024 at 2.00pm



LET YOUR LIGHT SHINE - MATTHEW 5:16