



# Middleforth Church of England Primary School

## Friday 3rd March Newsletter

Dear Parents/Carers,

Well, what a way to end another busy week, celebrating everything that is wonderful about books and reading. The children have been amazing today, they have loved sharing new and exciting stories. Reception even managed to capture Evil Pea in their trap in their classroom, well done Reception. All the children will all also come home with a book each to celebrate the day.

After our Parental Questionnaire a few parents shared that they didn't know how well their child/children were doing in school, following parents evening it would be great, if you could share your feedback on the quick form [here](#).

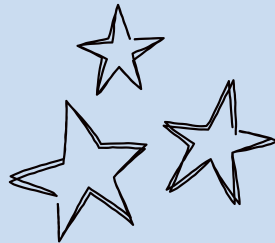
If anyone needs any further support with anything then please let us know by either contacting the school office or Mrs Knight our Family Support Worker.

Thank you

**Stars of the Week**

Nursery - Sadie  
 Rec - Isaac  
 Y1 - Finlay & Listy  
 Y2 - Florence & Samanta  
 Y3 - Hugo & Holly  
 Y4 - Jody-Rose & Theo  
 Y5 - Arthur & Isaac  
 Y6 - Ava & Emily

**WELL DONE**



### Target 96%

Reception	92.0%
Year 1	88.3%
Year 2	96.4%
Year 3	95.7%
Year 4	87.1%
Year 5	100.0%
Year 6	99.2%
<b>Total</b>	<b>93.8%</b>

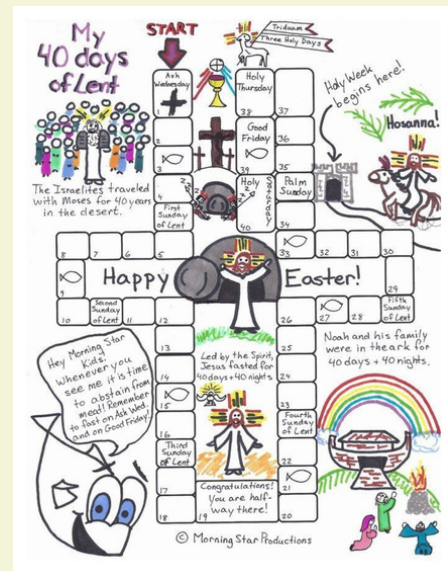
### Collective Worship

#### As our value this half term is: Justice

This week we talked about what Justice means and how we can make wise decision. Helena in Year 6, played a news reader who shared a story with two sides. We talked a lot about the importance of listening carefully to both sides to be able to make wise decisions.

We all agreed that this can sometime we hard and we should follow the wise words found in the Bible from

**Isaiah 1.17 "Learn to do right. Seek Justice"**



# TAKEHOME



Could you do more to protect your local area?



## In the news this week

It has been suggested that the number of hazel dormice in the UK has dropped from around 3.5 million to only 750,000 in almost 30 years. Currently, their conservation status is classed as 'vulnerable', but some researchers say people should be more worried for them. A recent report from the University of Exeter urges for hazel dormice to be reclassified as 'endangered' and calls for more conservation action.

### Things to talk about at home ...

- > Describe your local area to someone older. Ask them to share details about their local area from when they were younger. Was it different?
- > Talk about different places e.g., the countryside, cities. How can people who live in each take greater care of local habitats?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



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## MOVIE NIGHT

THURSDAY 9TH MARCH 2023  
3.15 - 5PM



For children in Reception - Y6  
£4

Book your child's place through ScoPay

Children will be provided with snacks and a drink

### Subject Focus - Geography

In the spring term, Year Two 'went on a Safari' to Kenya; exploring the country in detail but in a fun and engaging way! Year Five explored the 'Water World' and Year Six looked at The United Kingdom in depth. So far this half term: Year Four have started 'Our European Neighbours' exploring various countries using a variety of resources.



### School Parliament

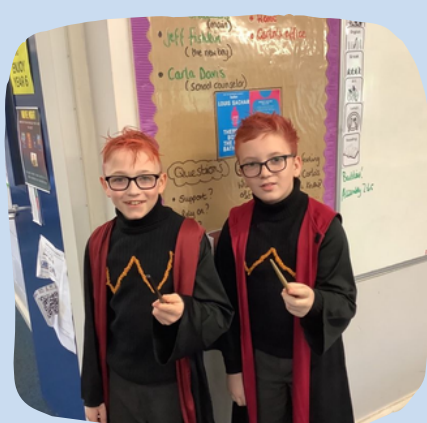
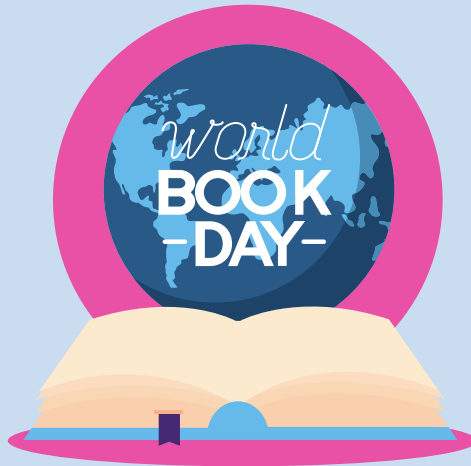
The School Parliament met this week to discuss any changes we would like to see within school. We discussed how we could support local charities within the area, e.g. Derian House, Local Food banks. We decided that we could raise funds through cake sales, non-uniform days, bring a food item to school. We chatted about school snack and how we could make sure children brought in a healthy school snack. It was suggested that we could sell toast and/or fruit at breaktime. Mrs Rushton will be looking into whether this is possible and how it would be staffed.

Children across all key stages were asked what clubs and extracurricular activities we would like within school. A list will be compiled by our Prime minister and Deputy Prime Minister and discussed at a Senior Leadership meeting.

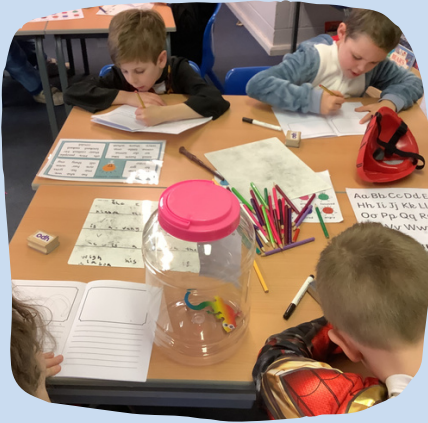
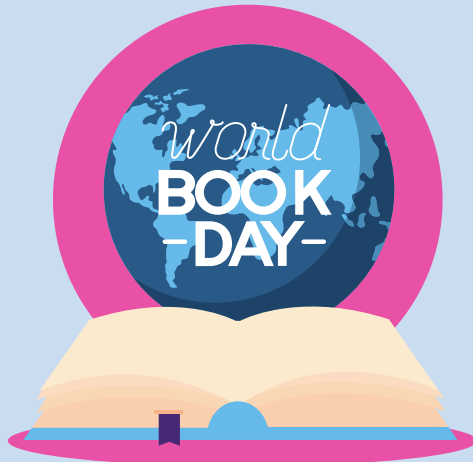
Finally, we talked about different Curriculum days we could have within school. Our year 5 parliament members will collect the results from all classes and this will be shared to all staff in a meeting.



LET YOUR LIGHT SHINE - MATTHEW 5:16



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# Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today  
[dayofhappiness.net](http://dayofhappiness.net)

27 Appreciate nature around you, wherever you are

TUESDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

WEDNESDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

THURSDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

FRIDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

SUNDAY

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today



ACTION FOR HAPPINESS

Happier · Kinder · Together

## School term and holiday patterns

### Spring term 2023

School closes on Friday 31st March 2023

### Summer Term 2023 Re-open on Monday 17th April 2023

May Day & Coronation Day, Monday 1st and 8th May 2023

School closes on Friday 26th May 2023

### Mid-term closure Monday 29th May – Wednesday 7th June 2023

School re-opens on Thursday 8th June 2023

School closes on Friday 21st July 2023

### Autumn Term 2023 Re-open Monday 4th September 2023

Mid-term closure Monday 23rd October - Tuesday 31st October 2023

School re-opens on Wednesday 1st November 2023

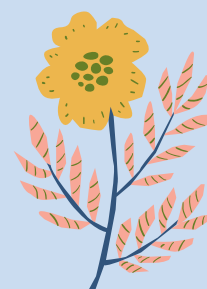
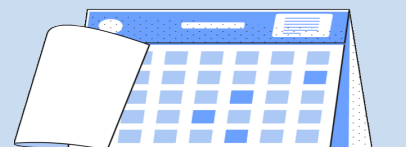
School closes on Friday 22nd December 2023

### Spring Term 2024 Re-open on Monday 8th January 2024

Mid-term closure Monday 12th February - Friday 16th February 2024

School re-opens on Monday 19th February 2024

School closes on Thursday 28th March 2024



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