



Middleforth Church of England Primary School

Friday 6th January Newsletter

Dear Parents/Carers,

Happy New Everyone, I hope you all had a brilliant Christmas and new year. It has been wonderful to welcome everyone back this week. Everyone has made an excellent start to the new year with their attitude to learning and the way they have conducted themselves around school. Well done everyone!

Please can I politely remind everyone about having the correct uniform on the right days. Children should take pride in their appearance and should want to dress smartly and represent our school at all times. This can only be achieved if the children are consistently wearing the correct uniform. You can find more information on our uniform here

<http://www.middleforth.lancs.sch.uk/page/uniform/43272>

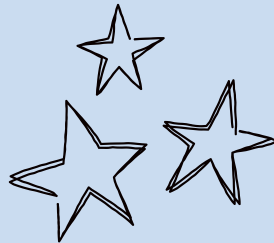
Have a lovely weekend everyone,

Mrs Pilkington



Stars of the Week

Nursery - Grayson
 Rec - Jack & Eliza
 Y1 - Lewis & Amelija
 Y2 - Ava & Reggie
 Y3 - Theo & Edward
 Y4 - Orla & Scarlett
 Y5 - Keegan & Alex
 Y6 - Riley & Archie



Target 96%

Reception	94.2%
Year 1	92.9%
Year 2	96.8%
Year 3	92.5%
Year 4	98.3%
Year 5	99.4%
Year 6	95.4%
Total	95.5%

Collective Worship

Half termly value - Perseverance

This week we have started our half term by looking at what Perseverance is and what that means to us as a school. Children have discussed goals they would like to achieve this year and identified what they need to persevere with to achieve it.

Think together - Words of Wisdom

“If at first you don’t succeed try, try and try again.” W.E. Hickson

On Thursday this week, Fr Nick also came to deliver worship, talking about Epiphany. Today is Epiphany which is 12 days after Christmas.

Epiphany Blessing

May the joy of the Angels, the eagerness of the shepherds, the perseverance of the wise men, the obedience of Joseph and Mary, and the peace of the Christ-child be yours this Epiphanytide and always.

Amen



LET YOUR LIGHT SHINE - MATTHEW 5:16

welcome!



For those who don't know me yet, my name is Mrs Knight and I am the new Pupil and Family Support Worker at Middleforth Primary School.

I have an open-door policy, although it is better to make an appointment to be sure I am available.

I have a great deal of knowledge and experience that is beneficial to supporting the children and families at our school. All support and advice is confidential. Although I can't say I know all the answers, I can try to help and support you to find a solution or signpost you to the relevant agency for help. Sometimes as parents we just need someone to talk to and to be able to offload problems and worries, and we are here to help with this. Parenting can be challenging at times and is often stressful. I know this as I am also a parent!

I will be working closely with your children, their families, school staff and outside agencies to try to remove barriers to children's learning to help them to reach their full potential. I will be completing direct work with children needing support and also providing an ear for them to talk to when needed. Some aspects of my role is supporting with issues regarding:

- friendship
- behaviour - at home and at school
 - money issues
 - bereavement
 - parental separation
 - family illness
 - housing issues
- linking with agencies and support group
 - wellbeing support
- signposting to various agencies
 - attending relevant meetings
- one to one support for pupils using a range of interventions

I will also be running a lunch time nurture club for the children. This will be a safe place for children to come and relax in a calm environment. There will be opportunities for children such as playing games, colouring, mindfulness activities or even just a chance to come and chat to me.

I will be working full time, during the school term. I may not be able to get back to you straight away but I will always do my best. I will be updating the school website with relevant information to help and support families, you can find the link here, <http://www.middleforth.lancs.sch.uk/page/family-support/133171>

You can contact me at: sknight@middleforth.lancs.sch.uk or phone me on 01772 746024

Happier January 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- 1 Find three things to look forward to this year
- 2 Make time today to do something kind for yourself
- 3 Do a kind act for someone else to help brighten their day
- 4 Write a list of things you feel grateful for and why
- 5 Look for the good in others and notice their strengths
- 6 Take five minutes to sit still and just breathe
- 7 Learn something new and share it with others
- 8 Say positive things to the people you meet today
- 9 Get moving. Do something active (ideally outdoors)
- 10 Thank someone you're grateful to and tell them why
- 11 Switch off all your tech at least an hour before bedtime
- 12 Connect with someone near you - share a smile or chat
- 13 Take a different route today and see what you notice
- 14 Eat healthy food which really nourishes you today
- 15 Get outside and notice five things that are beautiful
- 16 Contribute positively to your local community
- 17 Be gentle with yourself when you make mistakes
- 18 Get back in contact with an old friend
- 19 Focus on what's good, even if today feels tough
- 20 Go to bed in good time and allow yourself to recharge
- 21 Try out something new to get out of your comfort zone
- 22 Plan something fun and invite others to join you
- 23 Put away digital devices and focus on being in the moment
- 24 Take a small step towards an important goal
- 25 Decide to lift people up rather than put them down
- 26 Choose one of your strengths and find a way to use it today
- 27 Challenge your negative thoughts and look for the upside
- 28 Ask other people about things they've enjoyed recently
- 29 Say hello to a neighbour and get to know them better
- 30 See how many people you can smile at today
- 31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns

Spring term 2023
 School closes on
 Mid-term closure
 School re-opens on
 School closes on
Summer Term 2023
 May Day & Coronation
 School closes on
 Mid-term closure
 School re-opens on
 School closes on
Autumn Term 2023
 Mid-term closure
 School re-opens on
 School closes on
Spring Term 2024
 Mid-term closure
 School re-opens on
 School closes on
Summer Term 2024
 May Day
 Mid-term closure
 School re-opens on
 School closes on

Re-open on Tuesday 3rd January 2023
 Friday 10th February 2023
 Monday 13th February - Friday 17th February 2023
 Monday 20th February 2023
 Friday 31st March 2023
 Re-open on Monday 17th April 2023
 Monday 1st and 8th May 2023
 Friday 26th May 2023
 Monday 29th May – Wednesday 7th June 2023
 Thursday 8th June 2023
 Friday 21st July 2023
 Re-open Monday 4th September 2023
 Monday 23rd October - Tuesday 31st October 2023
 Wednesday 1st November 2023
 Friday 22nd December 2023
 Re-open on Monday 8th January 2024
 Monday 12th February - Friday 16th February 2024
 Monday 19th February 2024
 Thursday 28th March 2024
 Re-opens on Monday 15th April 2024
 Monday 6th May 2024
 Monday 27th May – Monday 3rd June 2024
 Tuesday 4th June 2024
 Friday 19th July 2024

