

SPORTS FUNDING 2016-17

IMPACT ON PROGRESS AND ATTAINMENT

The total sport funding premium for 2016-17 is £8905

Sports Premium Funding spent so far:

At Middleforth CE School we believe that Physical Education develops pupils' competence, confidence and skills, and it also helps to promote a positive attitude towards active and healthy lifestyles across a range of areas. It applies to all children, regardless of age, gender, race and faith and is inclusive to children of all abilities. A broad and balanced physical education curriculum is intended to provide pupils with increasing self-confidence in their ability to manage themselves and their bodies and also, to develop their understanding and appreciation of what it means to be healthy. We feel that sports and extra-curricular clubs play an important part in the development of these attributes and in recognition of our work in this area Middleforth CE has qualified for the SILVER Sainsbury's School Games Mark in 2016. As a result:

- All children have access to a broad balanced, inclusive PE curriculum.
- Subject leader attends CPD relevant courses and School Sports Partnership updates. Staff at school are informed of relevant details and information.
- Specialist coaches work alongside teachers to deliver high quality lessons and increase their subject knowledge and confidence.
- Monitoring of pupil progress through class based assessment on age related attainment in KS2 and Fundamental Movement Skills in KS1.
- Timetabling of PE Curriculum so that all children have an indoor and an outdoor session each week (2hrs per class).
- Membership of the South Ribble School Sports Partnership.
- Competition aspect of SSP bought into so that children can experience competitive sport including local football and netball leagues
- Participation in L1 competition through KS1 and KS2 inclusion events
- Membership of the Youth Sport Trust
- Ball Yard has been marked with a running track so that all children can participate in 'The Mile a Day' challenge.

COSTINGS 2016-17

South Ribble Sports Partnership	Infrastructure for L2 and 3 School games	£800
SSP Competition	School Games Admin/Certificates/Medals Inclusion events KS1 and KS2 Y3Y4 Competitions	Free £250 £150 £150
Member ship of Youth Sports Trust		£227
CPD	Conference Additional	£150 £150
	TOTAL to SSP and YST	£1887
Supply cover for staff involved in PE/Dance related activities	Y5 Dance training day in preparation for WRIST with PGHS Dance Leaders (supply) Jane H Y6 training for Guild Wheel (supply) Sue C visiting Waddecar Outdoor Pursuits Centre (supply) Celebration of Friendship Dance (supply)	£169 £92 £77 £55
Healthy Hearts Day Sports Coach Activities	1 full Day	£120
Transportation to and from sports related activities	Y4 Topic Related Project Day Subsidised transport Coach to WRIST Dance Coach to Y6 Indoor Athletics Event Coach to South Ribble Tennis Centre	£150 £90 £70 £140
	TOTAL Transport	£963
Chance to Shine Cricket	Cricket coaching for 10 weeks 2hrs- Y5 and Y6 Afterschool club for 20 children	£450
	TOTAL Chance to Shine Cricket	£450

SOUTH RIBBLE BOROUGH COUNCIL Sports Coaches	Gymnastics x 2 half terms Y1,Y2,Y3,Y4,	£650
	Hockey x 1 half term (Mon/Fri 2 sessions) Y3,Y4,Y5,Y6)	£650
	Tag Rugby x 1 half term (Mon/Fri 2 sessions Y3,Y4,Y5,Y6)	£650
	Tennis x 1 half term (Mon-2 sessions Y3/Y4)	£325
	Multi- Skills x 2 half term (Fri 2 sessions Y1, Y2)	£650
	Tots on Tyres L1 Rec Tots on Tyres L2 Rec	£175 £300
	Scotsafe Y3 (2h session)	£70
	Bikeability Y5	free
	Dance from the Heart training for 10 x Y6 pupils	£70
	TOTAL to South Ribble BC	£3540
Proposed Additional Spending – Summer Term 2016	Coach subsidy for school trip Sports Team Hoodies Orienteering Trail Supply cover Additional football coaching Fencing KS1 Contingency	£150 £134 £300 £169 £350 £540 £422
	TOTAL Proposed Spending	£2065
	TOTAL	£8905

Extra-Curricular Clubs

At Middleforth CE we believe in the importance of offering the children an opportunity to participate in a variety of competitive and non-competitive activities. Over the course of this year so far the school has offered the following extra-curricular clubs to the children (also listed are clubs that are planned for the summer term). Both Key stage 1 and Key stage 2 children

have been offered a variety of opportunities to experience a range of sporting activities through extra-curricular clubs.

CLUB	AVAILABLE TO	TERM	RUN BY	NUMBER ATTENDED
Netball	Y5 and Y6 children	Autumn and Spring	Mrs S Coulthurst	Up to 25
Football	Y5 and Y6 Y4 taster	Autumn Spring	Mr R Urey	Up to 25 Up to 10
Cross Country	Y5 and Y6	Autumn (Lunchtimes)	Mrs S Coulthurst	Up to 20
Cricket	Y5 and Y6	Summer	Mark Cookson	Max 20
First Kick	Rec – Y2	Autumn	External Coach	Up to 15
First Kick Tag Rugby	Y3 –Y6	Summer	External Provider	Up to 20
Street Dance	Y1- Y6	Spring/ Summer	External Provider	Up to 20
Fencing	Y3 –Y6	Summer	External Provider	Up to 20

Impact:

By comparing data from previous years it is clear that the amount of children participating in extra-curricular activities has increased. This has been particularly evident in KS1 largely due to the amount of opportunities being made available to the children in terms of activities after school.

Inter-Schools Competition

It has always been a high priority for us as a school to offer the children at Middleforth CE School the opportunity to enter into as many inter-school competitions as we can. Through competing against other schools in such competitions children have an opportunity to represent the school and we have found this has a very positive effect on their confidence, attitude and development of sportsmanship skills and attributes. Children visibly show pride and this has a positive impact on their sense of well-being, through representing the school. Through the SSP the school also participates in Inclusion events for both KS1 and KS2 children.

These events which are hosted by local high schools are designed to enable children who are not necessarily the most 'sporty' or athletic individuals to participate in a variety of sporting activities in a competitive but non-threatening environment

Impact:



Most of the competitions and events that the children participate involve being part of a team. Through this the children experience a keen sense of belonging whilst being part of a team. The children compete in leagues for Football and Netball against other local schools. Such experiences provide the children the opportunity to develop other key skills and attributes such as team spirit, modesty, working

towards a collective goal, inspiring and supporting others and being an advocate of fair play. Inclusion events provide the school with the opportunity to target pupils who are less likely to be chosen for schools teams, or attend extra-curricular activities or those who have special needs.

Intra-schools Competitions



There is strong tradition for the hosting of a number of intra-school competitions at Middleforth CE School. One of our main events is held in summer and is the KS1 and KS2 Sports Day. The KS1 event is held in the morning and the KS2 event is held in the afternoon. Both events are split into two sections – a team based circuit event where the children compete for their house team

in a variety of tasks (testing a variety of skills). The second part of the competition are an individual set of races and events which range from sprinting, skipping, obstacle, throwing and long distance event. A throwing event is also included to encourage children to practise and test a range of athletic skills. Whilst the children are competing against each other in these events they are also gaining points for their own school house. At the end of each KS competition the house that has won the most points is awarded with a school trophy. During the event we are assisted by the Young Sports Leaders from Penwortham Sports and Technology College who help to keep score, set out and retrieve equipment, assist the children to the start line and help with refreshments. The Healthy School Council write a letter to invite the Sports Leaders to our Sports Day and they also complete a letter of thanks which is sent to them after the event.

Other intra-school events that take place over the course of the year are the Inter-House Football, Netball and Rounders competitions. During these events KS2 pupils compete for the

house team and the winning house is awarded an engraved trophy. Children from all KS2 classes are eligible to be chosen for all Inter-house competitions.

Impact:

The school Sports Day is always a very successful and well attended by event. Parents always provide positive feedback and really encourage the children in their endeavors. Positive comments regarding the team aspect of the event have been made and parents and staff feel that this is a really good way of involving all children, regardless of their ability, in working as a team. Team work skills are vital in life, as are those of perseverance, dedication, hard work and pride in what we do and we feel that events such as our School Sports Day, which are fully inclusive, provide this opportunity for all children to develop as individuals, not only in a sporting sense but also in terms of a them as a person. Our Inter-house events are popular amongst the children taking and those who are spectating and supporting their house team. Again, values such as sportsmanship, winning with humility and losing with dignity are all part and parcel of competitive team games and supporting those who are playing.



South Ribble Sports Coaches

Over the course of the last few years Middleforth CE School has used over a third of their allocated funding employing the use of coaches from South Ribble Borough Council. Children from both KS1 and KS2 have benefitted from the expertise of the coaches and many of them have experienced new sports and learnt skills as a consequence. This year sports coaches have delivered training in the following areas: Gymnastics, Hockey, Tag Rugby and Tennis. Cricket sessions are delivered in the summer term to Y5/6 through the 'Chance to Shine' initiative. This also includes an after school club that is open to both boys and girls in the UKS2 classes.

Impact:

All children from Y1-Y6 have experienced the expertise and knowledge of the South Ribble Sports coaches in a number of games and activities. Their knowledge of the rules and how to play a number of different sports has developed, as has their skill acquisition. Class teachers have also benefitted from the working alongside, observing and supporting the coaches. They

feel more confident in their knowledge, understanding and ability to deliver sessions related to the different areas of the PE curriculum.



WRIST Celebration of Friendship Y5 Dance

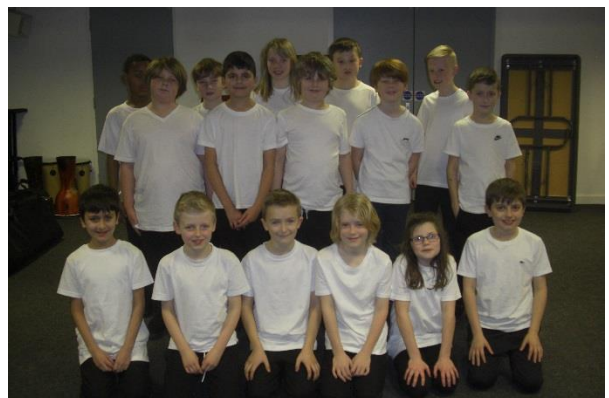
Some of this year's sports funding allocation has been used to enable all the children in Y5 to participate in the WRIST Celebration of Friendship and perform a dance to Hairspray 'You Can't Stop the Beat'. The children spent a day at PGHS working with the dance leaders to learn the dance. Transport to and from the school was paid from using the sports funding budget. All the children were involved including three children with a statement in the class. The dance was practiced at school in the weeks preceding the final performance on February 24th at the Guild Hall in Preston. Supply cover to release the PE coordinator for the afternoon was also taken from the sports funding budget.

Impact:



The children in Y5 all had the opportunity to work together and perform a dance on the stage in front of their friends, families and hundreds of other spectators. The experience was an extremely positive for the children. Although some of the children were initially quite unsure about dancing and performing on stage, all of the children said that they had enjoyed

themselves and were very proud to represent the school, 'even though it had been a very long day/night'. Our allocation of approximately 70 tickets were sold to our parents and lots of positive comments were made on the evening of the performance.



Mile a Day Challenge

Towards the end of the last academic year, in consultation with the Healthy School Council, a running track was marked around the outside of our ball yard so that the children could participate in our 'Mile A Day Challenge'. It has been calculated that by running around the playground track 19 times the children would be completing a mile. Each day for the summer term the children in KS2 went onto the playground for 10 minutes each day in an effort to complete the maximum number of laps that they possibly could. The number of laps they achieved each day was recorded in their own record book. As from the autumn term this academic year, KS1 have also been participating in this 'challenge'. The Healthy School Council decided that at the end of the autumn term it would be a good idea to offer a 'stamina' based incentive to the children so a different challenge was set up. This involved children being asked to run for as long as they could without stopping. If they achieved 6 minutes they were rewarded with a Bronze certificate, 8 minutes earned them a Silver and running for the full 10 minutes resulted in them earning a Gold award.

Impact:

The 'Mile a Day Challenge' has been really well received by teachers, parents and the children. Poppy in Y4 said 'It has improved my running pace and I'll be able to run for much longer on Sports Day. Scarlett in Y5 commented 'It is good because it keeps you fit!' The stamina challenge was very well received by the children and the opportunity to gain a certificate proved a real incentive for most children. As a result, over 90% of all children in classes Y1-Y6 achieved the Gold award, managing to sustain running for 10 mins. Due to the success of this event a new running challenge for the summer term will be set in consultation with the Healthy School Council and class pupils. It has been felt that the challenge has had a positive impact on the behaviour of pupils as it allows them to 'run off steam' in the afternoon before settling down and working till the end of the day.



Waddecar Scouts Association Outdoor Education Centre

It has been a long standing tradition at Middleforth CE School that the children in Y6 visit an outdoor education centre for a residential visit during the course of the year. In recent years the pupils have gone to Tower Wood Outdoor Ed Centre on Lake Windermere. As a school, it was felt that all children in KS2 should also have the opportunity to take part in some OE activities, off-site, during the course of the year. As a result, for the past few years pupils in Y3- Y5 have visited an OE centre for a day trip in the summer term. Last year saw a change of venue from previous years and the children went to Waddecar Scout Association OE Centre near Beacon Fell. Sports funding was used to subsidise transport for pupils and also provide afternoon supply cover whilst the PE coordinator made a provisional visit to the centre with the Head Teacher.

Impact:

The day was a real success and thoroughly enjoyed by the 88 children and 15 staff who accompanied them. Activities undertaken ranged from orienteering, rifle shooting, den building, boulder wall and climbing, pirates trail and archery. The day was fully inclusive and activities were adapted for SEN children to ensure they experienced all of the activities on offer. Children experienced working together as a team, challenging themselves to have a go at activities that they initially felt worried about such as climbing and bouldering, supporting others and learning new skills.



Sustainability

In order to ensure these improvements are sustainable, we plan to continue with similar provision next year. Evidence will be obtained through assessments of children's achievements compared to previous data along with regular feedback requests from parents and carers.

Conclusion

The allocation of Sports Funding has had a really positive impact on the health and well-being of the pupils at Middleforth CE School. Through CPD and working alongside Sports Coaches,

staff feel more confident and competent to deliver all areas of the PE curriculum. Through initiatives such as 'The Mile a Day Challenge' we have made the improvement of our pupils fitness and stamina a priority and we are seeing the positive benefits that this has had in terms of their own achievements and experiences. All children are encouraged to participate as fully as they can and we believe that this helps to foster a very positive attitude and raised self-esteem supporting our Growth Mindset approach in school.